

# *Stone Canyon Mitts & Cowl*

Designed by Sheri Berger



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**Yarn:** Blue Moon Socks That Rock, Mediumweight  
**Weight:** Sport Weight  
**Yardage:** 405 yards (Enough to make both the mitts and the cowl.)  
**Needles:** US Size 3 (3.25 mm) DPNs  
**Gauge:** 5-6 st/inch

K = Knit  
P = Purl  
PM = Place marker  
SM = Slip marker  
Kfb = Knit front and back into the same stitch to make two stitches  
Pfb = Purl front and back into the same stitch to make two stitches  
M1R = With the left needle, lift bar between stitches from the back and knit into the front loop  
M1L = With the left needle, lift bar between stitches from the front and knit through the back loop  
Ktbl = Knit the stitch through the back loop



## Stone Canyon Mitts

Cast on 48 (56) stitches on 3 double point needles and arrange them 12/12/24 (14/14/28).

Do a K2, P2 ribbing for 12 rows, then proceed to Mitt Pattern.

### Mitt Pattern:

Rows 1-4: Purl

Rows 5-8: \*K2, P2\* repeat pattern between \* \* to end of round

Repeat rows 1-8 four more times, then repeat rows 1-4 one more time.

### Right Thumb Setup:

Row 1: K1, Kfb, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 2: K2, PM, K1, PM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 3: K2, SM, M1L, K to next marker, M1R, SM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 4: K2, SM, K to next marker, SM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 5: P2, SM, M1L, P to next marker, M1R, SM, P to end

Row 6: P2, SM, P to next marker, SM, P to end

Row 7: Repeat Row 5

Row 8: Repeat Row 6

Repeat rows 3 & 4 two more times.

Then repeat rows 5 & 6 two more times.

Next row: K2, put the next 15 stitches on a stitch holder, cast on 4 stitches to the right needle using the backwards loop cast on, P2, \*K2, P2\* repeat pattern between \* \* to end of round



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Next 3 rows: \*K2, P2\* repeat pattern between \* \* to end of round

Continue with Mitt Pattern (original rows 1-8) until mitt is desired length, ending with 4 Purl rows. Bind off with a stretchy bind off.

## Thumb:

Place 15 stitches from holder back on your needles, plus pick up 5 more stitches across the gap

Rows 1-4: Knit

Rows 5-8: Purl

Rows 9-12: \*K2, P2\* repeat pattern between \* \* to end of round

Bind off with a stretchy bind off

Repeat pattern for second mitt, but use the Left Thumb Setup.

## Left Thumb Setup:

Row 1: [K2 P2] x 5 (6), K2, Pfb, P1, \*K2, P2\* repeat pattern between \* \* to end of round

Row 2: [K2 P2] x 5 (6), K2, PM, K1, PM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 3: [K2 P2] x 5 (6), K2, SM, M1L, K to marker, M1R, SM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 4: [K2 P2] x 5 (6), K2, SM, K to marker, SM, P2, \*K2, P2\* repeat pattern between \* \* to end of round

Row 5: P to marker, SM, M1L, P to next marker, M1R, SM, P to end

Row 6: P to marker, SM, P to next marker, SM, P to end

Row 7: Repeat Row 5

Row 8: Repeat Row 6

Repeat Rows 3 & 4 two more times.

Then repeat Rows 5 & 6 two more times.

Next row: [K2 P2] x 5 (6), K2, put the next 15 stitches on a stitch holder, cast on 4 stitches to the right needle using the backwards loop cast on, P2, then \*K2, P2\* repeat pattern between \* \* to end of round

Next 3 rows: \*K2, P2\* repeat pattern between \* \* to end of round

Continue with Mitt Pattern (original rows 1-8) until mitt is desired length, ending with 4 Purl rows. Bind off with a stretchy bind off.

Repeat the Thumb instructions from the right mitt.

## Stone Canyon Cowl

Cast on 140 stitches with a stretchy cast on.

Rows 1-3: \*K2, P2\* repeat pattern between \* \* to end of round

Row 4: \*Ktbl of the 2nd stitch, leave it on the left needle, then K through the front of the first stitch and pop both stitches off, P2\* repeat pattern between \* \* to end of round

Repeat rows 1-4 until cowl is desired length or you run out of yarn. Bind off with a stretchy bind off.